

**Insurance Name:** other

## Mental Status/Cognitive Function Appears Impaired? No

## 3

7

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After cool down BP: 160/58 mmHg; HR 62 bpm

2: (8 Weeks) | 50% | In 8 wks. pt. will demonstrate improved flexibility of quad muscles by being able to complete 6 min waki test w/o pain in hip flexors. This will enable pt. to do her shopping and other community ambulation w/o pain. | Pt. reported groin before session but it did not increase with activity. Continues doing the hip flexor stretch in supine w/ leg hanging off bed.

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Patient Name: Cuene, Joan N.  
Date of Birth: 08/16/1932  
Document Date: 10/26/2018

## Daily Note / Billing Sheet

3: (8 Weeks) | 30% | In 8 wks. pt will demonstrate improved balance by being able to perform mini-lunges w/o holding onto chair for support. Will enable pt. to perform self care more safely, such as stepping in and out of shower or tub. | Pt. performed mini-lunges holding onto chair and needed verbal cues to keep back leg straight.

### Plan

**Instructions:** Progressing Patient Next Visit

SPTA will cont. to see client 2X/weekly for 2 wks, modifying balance exercises if needed while BP is being monitored by MD. Pt will see pulmonary specialist Monday and bring med list. Pt. will do HEP 3-5X/wk.

Nadine Blixt SPTA

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Electronically Signed by Nadine Blixt SPTA on October 26, 2018 at 12:33 pm